

# Keeping children safe

## Workshop 2

Health Improvement Team

# Focus for today's workshop:

- Looking at the school's safeguarding curriculum.
- Finding out how the school teaches children to keep themselves safe

(PSHE)  
Personal  
Social  
Health  
Economic  
Education



Relationships  
& Sex Education  
(RSE)

# Keeping your child safe

- ❑ Part of the schools role is to ensure that your children leave school being able to read, write & to have mathematical skills that they will need for life.
- ❑ But the biggest role is to ensure all children are safe and are empowered with the correct information of where to go and what to do if they are not.
- ❑ Whether this be online safety, road safety or personal safety.

What topics would you expect the school to teach about?







**Why the  
scheme of  
work was  
developed**

# Three themes



Health and wellbeing



Living in the wider world



Relationships



# Safeguarding



*Adrian Murray*

# Early years

- Keeping clean and healthy
- Oral health
- Celebrating differences
- Being kind to others
- Learning how to play with other children
- PANTS rule
- Keeping safe online
- Recognising and managing feelings
- Appropriate and inappropriate touch

# Key Stage 1

- Keeping clean and oral health
- Healthy lifestyles
- Being safe around medicine and hazardous substances
- Understanding harmful effects of smoking
- Celebrating differences
- Bullying and friendship
- Conflict resolution
- PANTS rule
- Celebrating differences
- Online safety – personal information and trust
- Fire safety
- Personal safety (home and school)
- Good and bad secrets

# Lower Key Stage 2

- Keeping clean and oral health
- Healthy lifestyles
- Legal and illegal drugs, alcohol education
- Understanding harmful effects of smoking and caffeine
- Celebrating differences
- Bullying and friendship
- Conflict resolution
- PANTS rule
- Online safety – digital footprint, lasting content
- Water and road safety
- Critical thinking – trusting everything you see online
- Personal safety (home and school)
- Good and bad secrets

# Upper Key Stage 2

- Keeping clean and oral health
- Healthy lifestyles
- Legal and illegal drugs, alcohol education, peer pressure
- Understanding harmful effects of smoking and caffeine
- Bullying and friendship
- Conflict resolution
- PANTS rule
- Celebrating differences
- Online safety – sharing content, peer pressure
- Critical thinking – trusting everything you see online
- Cycle safety
- Risky behaviour



AND HELP KEEP CHILDREN SAFE

# Keeping your child safe

- ❑ These events do not happen every day
- ❑ But we do all need to be aware of the dangers so that we can protect all children.
- ❑ We also need to teach our children how to keep themselves safe

# LEARN THE UNDERWEAR RULE



**P**RIVATES ARE PRIVATE

**A**LWAYS REMEMBER YOUR BODY BELONGS TO YOU

**N**O MEANS NO

**T**ALK ABOUT SECRETS THAT UPSET YOU

**S**PEAK UP, SOMEONE CAN HELP





Will this be scary?



# Who started the PANTS project?

# NSPCC

They provide:

- Lessons plans
- Resources
- Guidance
- Training

So that we can deliver this important message to our children.

# PANTS lessons for children

By the end of the lessons the children will be able to:

- Understand the Underwear Rule and Talk PANTS
- Name body parts and know which parts should be private
- Know the difference between appropriate and inappropriate touch and understand that they have the right to say 'no' to unwanted touch – even to a family member or someone they know or love.
- Start thinking about who they trust and who they can ask for help.



We will be sharing this slogan, My Body, My Rules.

It is crucial that children know they have rights over their body to keep themselves safe.

Recently we listen to the news and hear reports of historic & more recent cases of children being mistreated.

# Support for parents

## Download our exciting PANTS game

Talking PANTS teaches children important messages, like their body belongs to them and they should tell an adult if they're upset or worried.

In the **Playtime with Pantosaurus** game, each of the principles of PANTS is introduced in between fun diving and basketball games.



### Guide for parents

A simple step-by-step guide to help you talk PANTS with your child and keep them safe.

3 MB

Download



### Guidance for foster carers

A custom-made guide to help you, as foster carers, talk PANTS with the children in care.

522 KB

Download



### Guide for parents with a learning disability

An easy to read guide to help keep children safe from abuse. Teach your child to remember the word PANTS.

2 MB

Download

### PANTS activity pack (£5 suggested donation)

Suggested donation £

Quantity

[ADD TO CART](#)

Our PANTS activity pack makes it easy to talk to your child about staying safe from harm. With a word search, dot-to-dot and maze game, you can help them learn without using any scary words.

Each pack includes:

- stickers
- a bookmark
- pant-tastic activities
- a parents' guide.

So, order your pack today and get the crayons ready for lots of colouring in!

£5 suggested donation



### Guide for children

This simple guide helps children learn the PANTS rules with Pantosaurus helping lead them through some fun and interactive questions.

Download



### Children with learning disabilities

This easy-to-read guide has been created for children with learning disabilities so they can understand the PANTS rules and how to stay safe from abuse.

Download



### Children with autism

This guide has been specifically created to help children with autism learn the PANTS rules in an easy and simple way so they know how to stay safe.

Download

# What would you say?

Is it “bad” to be naked?

Why would someone want to touch me under my pants?

Am I allowed to say “No” to a kiss or a hug from a family member or refuse to sit on their lap?

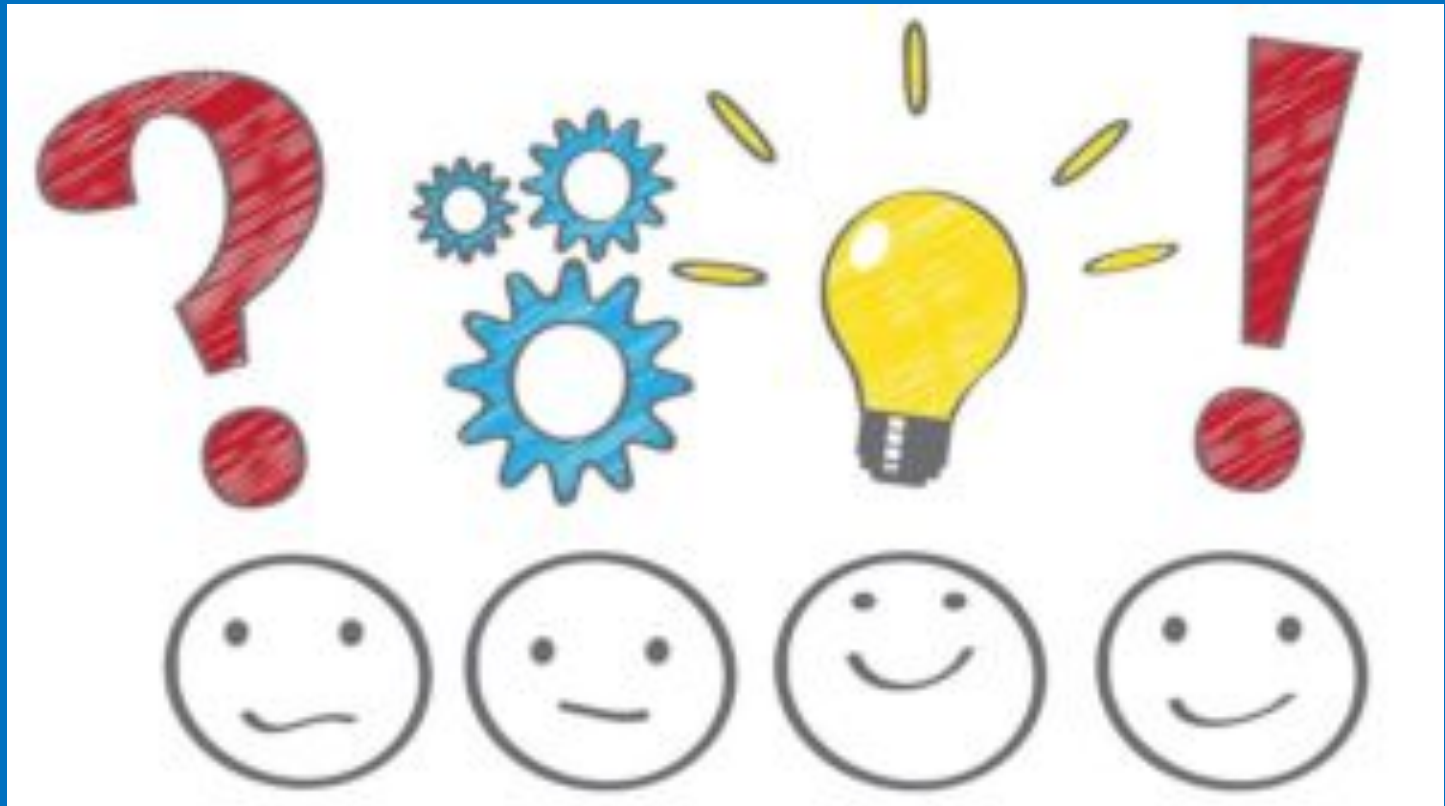
What if someone I know touches me?

Does it matter what colour my pants are?

## Next workshop:

- Online safety
- Social media
- Gaming
- Addiction to gaming

# Questions







**Thank you for  
attending!**

**Hoda Ali**