



Whitchurch Weekly

School News

26th Jan
2024
Issue 18

Meet the Team!



Name: Sahra Tezel

Role: Year 1 Leader and Class Teacher

About me: I was born in Germany and lived there for 8 years before I came to London and did not speak any English! My family come from Turkey who I go to visit frequently. I am trilingual and speak English, Turkish and German fluently. I have been at Whitchurch for 8 years already - time flies! I was a Reception teacher (in Lions class!) for 3 years and I am currently the Year Leader for Year 1. I actually was a pupil here at Whitchurch and still remember some staff members that are still here today!

Hobbies and interests: I am a passionate traveller! I love travelling to new places with my husband - we go back to Turkey every Summer to visit our family and friends. I enjoy binge watching crime series' on the weekends, exploring nature and going for walks in the countryside too. I am also a huge fan of the theatre. My favourite play is 'The Lion King' - I have watched it 8 times! If you haven't already been, go... you are in for a treat!

Best part about my role: Teaching is one of the most rewarding jobs! The best part about my role is seeing children's smiley faces in the mornings and their love for learning develop continuously throughout the years. I still have children that come to visit me from high schools and it's so lovely to see them thriving! I enjoy meeting different families each year and supporting them to help their children meet their full potential. Seeing children progress on a daily basis is what makes me proud to be a teacher!

2HD and
5SC class
assemblies
next week

Year 6 visits
to The Natural
History Museum
next week

Please
remember
to book your
child's lunches
via ParentPay

HMS
Guital Festival
next week

Good luck
and farewell to
Lisa (Night Owls) who
will be leaving us on 7th
February. Thank you for
running Night Owls - the
children will really
miss you!



Dates for your Diary

Tuesday 30th January	6AS and 6EH visit to The Natural History Museum HMS Guitar Festival
Wednesday 31st January	6HH and 6MO visit to The Natural History Museum
Friday 2nd February	Nursery AM Teddy Bear Picnic (9.45am-10.45am) Nursery PM Teddy Bear Picnic (1.45pm-2.45pm)
Tuesday 6th February	Tea & Talk (9am-10am) Year 2 visit to Belmont United Synagogue (AM) Year 5 Theatre visit to Bentley Wood (PM)
Wednesday 7th February	Soloists Music Concert (9.15am) Nursery Bring Your Teddy to School and Pyjama Day
Thursday 8th February	Year 3 Roman Day
Monday 26th February	4CM and 4BS visit to The Science Museum
Tuesday 27th February	4XL and 4SF visit to The Science Museum

Staff Training
Day Friday 9th
February
(no children
in school)

Spring
half term
12th to 16th
February



30th January - 2HD
6th February - 3MS
5th March - 2AR
12th March - 3SM
19th March - 1CL
23rd April - Lions
30th April - Tigers
7th May - Leopards
14th May - Jaguars
21st May - Nursery

**Infant Class
Assemblies**
Tuesdays
9.05am

1st February - 5SC
8th February - 6MO
7th March - 5ET
21st March - 4SF
11th July - Year 6

**Junior Class
Assemblies**
Thursdays
at 9.05am

STARS of the Week



Well done to our stars of the week, who have been selected for excellent work and demonstrating our school values

RRA Tigers Alexandru
RNW Leopards Lois
RRV Lions Ava
RPS Jaguars Rayn

1ST Mario
1BP Yahya
1SM Niyam
1CL Sofia

2HD Khushi
2KB Abbas
2SA Sofia
2AR Riyan

3NL Aisha
3MS Dua
3LA Aariz
3SM Raiya

Respect
 Responsibility
 Resilience
 Honesty
 Generosity
 Aspiration

4BS Alexis
4CM Rian
4XL Kyro
4SF Arwa

5PA Aran
5SK Aisha
5SC Lara
5ET Shayan

6HH Trisha
6AS Asmin
6EH Basit
6MO Viyaan

This week's
 Infant Stars

This week's
 Junior Stars

Class Attendance this week

Nursery	AM 88.12%		PM 88.16%	
Reception	RRA 77.6%	RNW 92%	RPS 87.24%	RRV 77%
Year 1	1CL 86.33%	1BP 94%	1ST 92.33%	1SM 99%
Year 2	2AR 92.86%	2HD 85.67%	2KB 95%	2SA 85.81%
Year 3	3LA 93.33%	3MS 96.33%	3NL 88.33%	3SM 94.67%
Year 4	4CM 96.15%	4SF 98.15%	4XL 92.14%	4BS 85.93%
Year 5	5ET 96.9%	5PA 99.67%	5SC 95.86%	5SK 97.86%
Year 6	6AS 94.62%	6EH 96.33%	6HH 94.14%	6MO 98.21%

This week's
 Attendance
 Stars are
5PA!

Whole
 School
92.12%

Notices



Staff Vacancies

We have vacancies for the following roles:

- Learning Support Assistant**
- Midday Assistant**

Please see the Vacancies page of the school website for more information about these vacancies and to apply:



www.whitchurchprimary.harrow.sch.uk/page/vacancies

Tea & Talk

Come along to Tea & Talk with Mr Pine on **Tuesday 6th February, 9am-10am**

To reserve your place please email: office@whitchurchprimary.harrow.sch.uk



The Elms Tennis Camp

A reminder that The Elms Tennis Club are holding an all day tennis camp on **Friday 9th February** (staff training day).



This event is £25 per child for the day and children should bring a snack, lunch and drink in a refillable container for the day.

Booking hotline: **020 8954 8787**
Book online: www.theelms.co.uk

Please see the flyer on the Support for Families page of our website for more information.

www.whitchurchprimary.harrow.sch.uk/page/support-for-families

P.E. Uniforms

Please ensure that your child comes to school wearing the correct P.E. uniform on their P.E. days:

- A plain grey jumper*
- Plain grey joggers*
- House colour t-shirt*
- Black Shorts



- Plain black or white trainers (with velcro for Reception to Year 2)
- *with or without school logo*

Please note that hair must be tied back, no jewellery is allowed and tights are not to be worn. For more information please see the School Uniform page of our website.

www.whitchurchprimary.harrow.sch.uk/page/school-uniform



Year Group Highlights

Biscuit Bear

In Nursery this week we have enjoyed the story 'Biscuit Bear'! We have been busy cooking and made delicious bear biscuits, learning pressing, rolling and cutting skills along the way. We also made our own brown bear mask with features!



Nursery

Year 1

Windsor Castle

Year 1 are learning all about Kings and Queens. This week we went on an exciting trip to Windsor Castle! Our favourite part was Queen Mary's Dolls' House, the largest and most famous dolls' house in the world. It was mesmerising!



Year 2

Singing

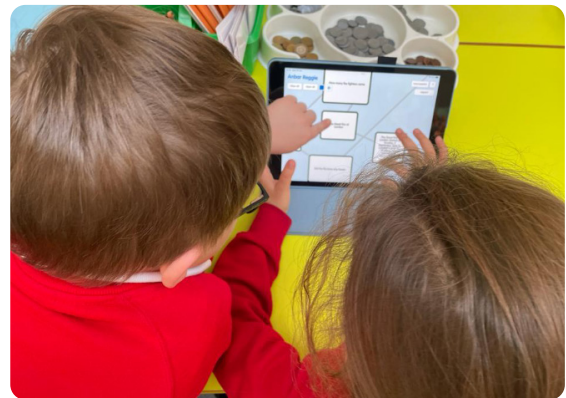
Reception are enjoying singing lessons with Mrs Leutfeld. This week we have been singing 'London Town' and 'See Saw' using high and low pitch in our voice. We also sang 'Oliver Twist', a call and response song, following a steady beat by clapping and performing actions.



Reception

Money

This week in Maths, Year 2 have been solving practical problems involving money. We identified the value of different coins and bank notes; we then used this knowledge to create different amounts and to give change.



Year 3

Year Group Highlights



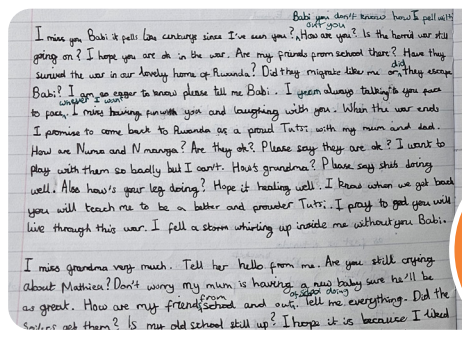
Football Coaching

This week in P.E., Year 3 participated in a football training session with a coach from Tottenham Hotspur! We learnt how to control the ball, dribble and to step over the ball. We really enjoyed the session and played different football games.



Christophe's Story

In English, Year 4 have started reading Christophe's Story by Nicki Cornwell. We have drafted and edited informal letters from the main character, using features of informal writing such as contractions, emotive language and hyperbole.

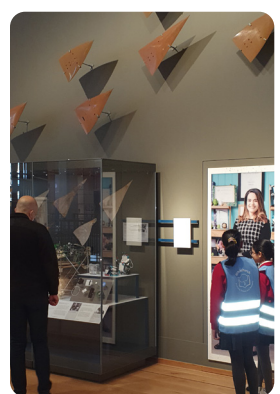


Year 4

Year 5

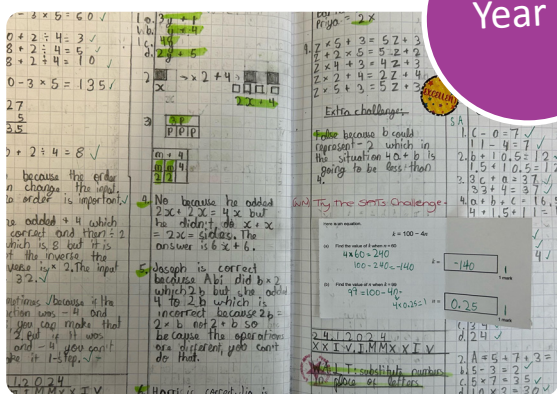
The Science Museum

This week Year 5 visited The Science Museum. We got up close with explosive materials and went on an intergalactic adventure, exploring the world of space! We also learnt about inspiring female engineers.



Algebra

In Maths this week, Year 6 we have been learning algebra. We have been substituting different values for 'x' and solving equations. We have also challenged ourselves by practising SATs style questions!

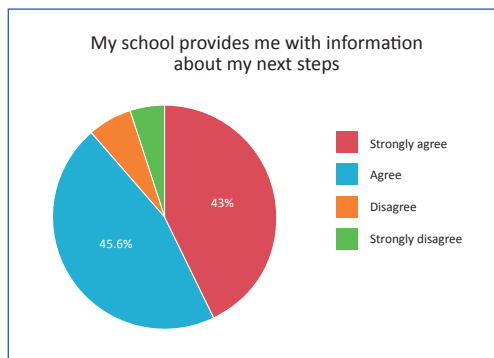
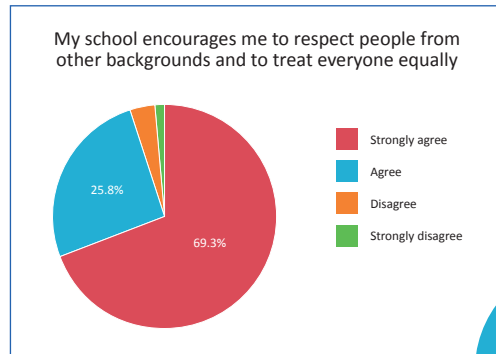
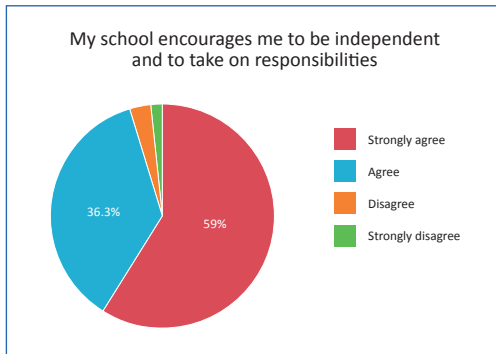


Year 6

Pupil Feedback



Pupil Survey Snapshots



More findings of last term's pupil survey

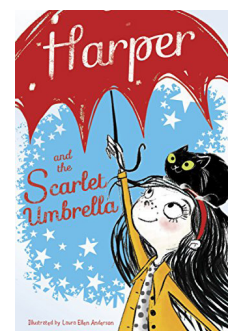
Library

Reading Corner

As read by Year 3 pupils

'Harper and the Scarlet Umbrella' by Cerrie Burnell

A beautifully written, lyrical tale featuring a cast of funny and loveable characters, created by CBeebies' presenter Cerrie Burnell and stunningly illustrated by Laura Ellen Anderson. Harper lives in the City of Clouds with her Great Aunt Sassy and her beloved cat Midnight. When Midnight goes missing - together with all the cats of the neighbourhood - Harper realises that only her magical scarlet umbrella can help her find him... When Harper steps out with the umbrella in her hand, she is carried up into the sky on a series of amazing adventures. However, Midnight isn't all she finds when she stumbles upon the Midnight Orchestra and its wild conductor...



"My children were really engaged in this book and it encouraged them to create wonderful fantasy stories of their own!" Miss Shameem (3SM)

Support for Families



Schools
Counselling
Partnership



Holiday Survival Guide

Breaks from school can actually feel quite stressful for children, particularly because their regular schedules and routines are disrupted. As we head towards the half term break, here are some tips on how to minimise the tears and maximise the joy at home.

How can parents help?

As always with parenting, it is most important to look after yourself first. Make sure your own cup isn't full so you can stay calm. You can let children know in advance what they will be doing over the holiday and remind them again every morning the plans for that day. Many children will also do better if you keep to some routine and schedule every day, to offer them some predictability. If you can, always include some outdoor or physical activity every day as it helps them to stay regulated. Finally, remember to do less and connect more!

Reach Out

Sometimes we could all do with someone to talk to. If you would like to meet Tom for a confidential and non-judgemental chat about you, your child, or any other worries, he is available on **Wednesdays at 9am-10am**. You can contact Tom on **07799 028 461** or email **tom@schoolsounsellingpartnership.co.uk**

Brilliant Parents Workshops



Brilliant Parents are holding a range of workshops in February. Please see the flyers on the **Support for Families** page of our website for more information and to book a place:

www.whitchurchprimary.harrow.sch.uk/page/support-for-families

Visit the **Support for Families** page of the school website (in the Parents & Community section) for useful workshops and activities

Life Skills

Life Skills - Getting Dressed

This week in Life Skills, the group focused on dressing independently for PE. We practised taking off/putting on our jumpers and shoes with minimal adult support! Well done everyone.

Miss Tunstall



Spring Menu



Salad bar and bread are available daily

WHITCHURCH PRIMARY MENU

	WEEK ONE 08/01, 29/01, 26/02, 18/03	WEEK TWO 15/01, 05/02, 04/03, 25/03	WEEK THREE 22/01, 19/02, 11/03
MONDAY MAINS	Cheese & Tomato Pizza, Herby Diced Potatoes & Sweetcorn Cheese & Tomato Pizza, Herby Diced Potatoes & Sweetcorn (V) Baked Beans (Ve) Cheese or Tuna Mayo Jacket Potato with Side Salad Fruity Mousse	Macaroni Cheese, Garlic Bread & Garden Peas Macaroni Cheese, Garlic Bread & Garden Peas (V) Baked Beans (Ve) Cheese or Tuna Mayo Jacket Potato with Side Salad Carrot Cookie	Vegetable Curry, Pilau Rice, Naan Bread & Peas (V) Cheese Sub, Herby Diced Potatoes & Peas (V) Baked Beans (Ve) Cheese or Tuna Mayo Jacket Potato with Side Salad Flapjack
DESSERT			
TUESDAY MAINS	Minced Beef & Onion Pie (H), Mashed Potatoes & Broccoli Cheese & Onion Lattice, Mashed Potatoes & Broccoli (V) Spicy Tomato Pasta with Side Salad (Ve) Fruit Tuesday	Tandoori Chicken Shwarma (H), Diced Potatoes & Sweetcorn Vegetable Nuggets, Diced Potatoes & Sweetcorn (V) Neapolitan Pasta with Side Salad (Ve) Fruit Tuesday	Chicken Tikka Burrito Stack (H), Potato Wedges & Side Salad Falafel Wrap, Potato Wedges & Side Salad (V) Spicy Tomato Pasta with Side Salad (Ve) Fruit Tuesday
DESSERT			
WEDNESDAY MAINS	Chicken Sausage Toad in the Hole(H), Roast Potatoes, Sliced Carrots & Cabbage Vegetarian Toad in the Hole, Roast Potatoes, Sliced Carrots & Cabbage (V) Baked Beans (Ve) Cheese or Tuna Mayo Jacket Potato with Side Salad Apple Crumble Cake	Roast Turkey (H), Roast Potatoes, Sliced Carrots & Broccoli Cauliflower Cheese Bake, Roast Potatoes, Sliced Carrots & Broccoli (V) Baked Beans (Ve) Cheese or Tuna Mayo Jacket Potato with Side Salad Jam & Coconut Sponge	Chicken Sausage (H), Mashed Potatoes, Yorkshire Pudding, Sliced Carrots & Green Beans Vegetarian Cottage Pie, Sliced Carrots & Green Beans (V) Baked Beans (Ve) Cheese or Tuna Mayo Jacket Potato with Side Salad Jelly & Fruit
DESSERT			
THURSDAY MAINS	Turkey Bolognese (H) with Spaghetti & Sweetcorn Vegetarian Bolognese with Spaghetti & Sweetcorn (V) Veggie Wrap with Tomato Topping & Side Salad (Ve) Melting Moment Cookie	Beef Lasagne (H), Garlic Bread & Peas Vegetarian Lasagne, Garlic Bread & Peas (V) Veggie Wrap with Tomato Topping & Side Salad (Ve) Cherry Triangle Biscuit	Cajun Chicken (H) & Sweetcorn Pizza, Diced Potatoes & Peas Vegetable Pizza, Diced Potatoes & Peas (V) Veggie Wrap with Tomato Topping & Side Salad (Ve) Orange Drizzle Cake
DESSERT			
FRIDAY MAINS	Fish Fillet with Chips & Mushy Peas Vegetable Burger, Chips & Mushy Peas (V) Baked Beans (Ve) Cheese or Tuna Mayo Jacket Potato with Side Salad Pear & Chocolate Sponge & Custard	Fish Fingers, Chips & Baked Beans Vegetarian Sausage Roll with Chips & Baked Beans (V) Baked Beans (Ve) Cheese or Tuna Mayo Jacket Potato with Side Salad Toffee Apple Sponge & Custard	Fish Cake, Chips & Baked Beans Cheese & Sweetcorn Omelette, Chips & Baked Beans (V) Baked Beans (Ve) Cheese or Tuna Mayo Jacket Potato with Side Salad Raspberry Oat Slice & Custard
DESSERT			

Allergen Information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

COOMBS
CATERING PARTNERSHIP





Useful Contacts

Headteacher (Mr J Pine)

head@whitchurchps.co.uk

Deputy Headteacher (Mr M Thompson-Lawrie)

deputy@whitchurchps.co.uk

Assistant Headteacher for Inclusion
(Mrs D Qudsiyeh)

sendco@whitchurchps.co.uk

Assistant Headteacher for Early Years
(Miss N Ward)

nward@whitchurchps.co.uk

Assistant Headteacher for Years 1, 2 & 3
(Miss G Harris)

gharris@whitchurchps.co.uk

Assistant Headteacher for Years 4, 5 & 6
(Mrs K Portou)

kportou@whitchurchps.co.uk

Year 1 Leader (Mrs S Tezel)

stezel@whitchurchprimary.harrow.sch.uk

Year 2 Leader (Miss G Harris)

gharris@whitchurchps.co.uk

Year 3 Leader (Miss N Lakhani)

nlakhani@whitchurchprimary.harrow.sch.uk

Year 4 Leader (Mrs B Solanki)

bsolanki@whitchurchprimary.harrow.sch.uk

Year 5 Leader (Mrs K Portou)

kportou@whitchurchps.co.uk

Year 6 Leader (Miss H Hogberg)

hhogberg@whitchurchps.co.uk

Our email addresses are in the process of being updated

If you have concerns about your child's safety or behaviour, please contact a member of our leadership team

If you have any general or learning related enquiries, please speak to the class teacher

Director of Music (Mrs E Leutfeld)
eleutfeld@whitchurchprimary.harrow.sch.uk

Music Department
music@whitchurchprimary.harrow.sch.uk

Family Liaison (Mrs N Chikhlia)
nchikhlia@whitchurchprimary.harrow.sch.uk

Friends of Whitchurch
FoW@whitchurchprimary.harrow.sch.uk

Childcare (Early Birds and Night Owls)
childcare@whitchurchprimary.harrow.sch.uk

School Office

Tel: 020 8951 5380

office@whitchurchprimary.harrow.sch.uk



School Term Dates 2023-2024

Spring Term 2024

Spring 1st Monday 8 January to Thursday 8 February
Half Term Monday 12 February to Friday 16 February
Spring 2nd Monday 19 February to Thursday 28 March

Staff Training Days Friday 9 February (no children in school)

Holidays during term time are **not** permitted

Summer Term 2024

Summer 1st Monday 15 April to Friday 24 May
Half Term Monday 27 May to Friday 31 May
Summer 2nd Tuesday 4 June to Wednesday 24 July

Staff Training Days Monday 3 June (no children in school)

Bank Holiday Monday 6th May

Term dates are posted on the school website



2024-2025 Term Dates can be viewed on the school website
www.whitchurchprimary.harrow.sch.uk/page/term-dates



Please visit the following link to learn how infectious measles is compared to other illnesses:

<https://youtu.be/Xe7FPKZgNgw>

Measles Factsheet

What is Measles?

Measles is an acute infection caused by the measles virus.

Who catches measles?

Measles has become uncommon in the UK because many children have been immunised. It is usually a childhood infection, most common in children of 1-4 years of age who have not been immunised. However, you can catch measles at any age. Epidemics often coincide with school terms when there is much more close contact between children.

How do you catch measles?

Measles is caught through direct contact with an infected person or through the air when he or she coughs or sneezes.

How infectious is measles?

Very, if an individual has either not been vaccinated or become immune through natural infection and they live in the same household as someone with measles there is a 90% chance that they will develop measles themselves. Measles is most infectious before the rash appears and only trivial contact may be sufficient for the virus to spread.

What is measles like?

Symptoms usually develop 9-11 days after becoming infected and last up to 14 days from the first signs to the end of the rash.

The first stage of measles includes irritability, a runny nose, conjunctivitis (red eyes), a hacking cough and an increasing fever that comes and goes. The fever peaks at around 40.6°C (105°F). These symptoms may last up to 8 days.

The rash starts from day 4 and lasts 4-7 days. It usually starts on the forehead and spreads downwards over the face, neck and body. You can see flat red or brown blotches which can flow into each other.

There can also be diarrhoea, vomiting and abdominal pain.

How serious is measles?

One million children die from measles world-wide each year. Complications from the disease are more severe and more likely in infants under 12 months, in children who are poorly nourished, those with weakened immune systems and children with vitamin A deficiency. In the UK in 1997, there were 4168 notified cases although some of these will have been due to other infections which produce a measles-like rash.

Even in the UK, complications are quite common. They include a severe cough and breathing difficulties (croup), ear infections, viral and bacterial lung infections (pneumonia), and eye infections (conjunctivitis). Most are caused by secondary bacterial infections which can be treated with antibiotics.

The most serious problems involve the nervous system. Inflammation of the brain (acute encephalitis) occurs 2-6 days after the rash has appeared. Less than 1 in 1000 measles cases is affected in this way, but 25% of those are left with brain damage.

Sub acute sclerosing pan-encephalomyelitis (SSPE) is the most severe complication of measles but is very rare, occurring in less than 1 in 100,000 cases of measles. It usually occurs years after the initial illness and is a slowly progressive brain infection. SSPE starts with intellectual impairment and deteriorates to seizures and eventually death.

Measles infection during pregnancy can result in the loss or early birth of the baby.

Can you prevent measles?

Immunisation programmes are essential to prevent measles and there is a highly effective vaccine available. This is part of the measles-mumps-rubella (MMR) immunisation with a first dose at 12-15 months and a second dose usually given from 3 to 3 and half years onwards. If missed, immunisation can be given at any age. Definite past infection will protect against future infection. Pregnant women or those with weakened immune systems should not be immunised.

More information on MMR immunisation can be found at <http://www.nhs.uk/Conditions/vaccinations/Pages/mmr-vaccine.aspx>.

How soon should a child be back at school after measles?

Measles is most infectious from 4 days before the appearance of the rash until 4 days afterwards. It is recommended that a child should be kept off school for 4 days after the onset of the rash.

A oral fluid test to confirm or refute the diagnosis may be suggested.

How can you treat someone with measles?

There is no specific treatment for measles although if secondary complications occur they may be treated with antibiotics. The patient should drink lots of clear fluid to replace body water lost through the fever.

Paracetamol can be used to reduce the fever. Aspirin should NOT be given to children as its use is associated with Reye's Syndrome (a severe neurological disorder).

If parents/carers become concerned about the development of complications, they should consult their doctor.

Further information on measles is available at:
<http://www.nhs.uk/conditions/measles/Pages/Introduction.aspx>