

# Welcome to the Year 3

## Meet the Teacher Meeting

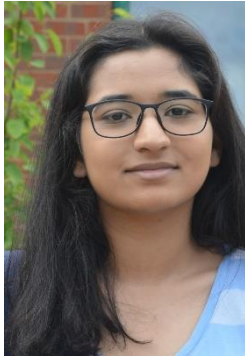
### September 2024



#### Year 3 Teachers



**Miss N Lakhani**



**Miss M Shameem**



**Mrs M Selby**



**Ms L Aid**



**Ms K Amar**



**Mrs E Hill**

#### Year 3 Learning Support Assistants



**Mr J Coghill**



**Ms A Kamaei**



**Mrs A Attwell**



**Ms K Chandegra**



# Our Values

learners  
today,  
leaders  
tomorrow

## Generosity

We are generous  
in our words and  
actions

## Honesty

We are honest  
with ourselves  
and others

## Aspiration

We continually  
strive to be the  
best we can be

## Resilience

We are resilient  
to the challenges  
we face daily

## Respect

We show respect  
for those around us,  
the diversity of our  
community and for  
our environment

## Responsibility

We take responsibility  
for our learning, our  
behaviour and the  
choices we make

At Whitchurch we have **six core values** which we underpin in **everything we do**. They are covered in weekly assemblies, linked to our behaviour rewards, star assemblies and regularly interwoven into our teaching.

**We expect everyone in our community to share these values.**



# Attendance and Punctuality



- Daily attendance at school is of the **utmost importance**.
- Please ensure that your child is always on time:
  - The school gates open at 8:35am
  - We expect all Year 3 children to be in their classroom by 8:55am
- **Please do not book holidays during term times** – these **will not be approved** and your child will have these days recorded as unauthorised.
- As much as possible, please ensure you book appointments outside of school day.





# Pick up and Drop off times



## Morning drop off:

Children should be dropped at either main gate or Marsh Lane which are opened at **8.35am**. We have a 'soft start' which means children can arrive from **8.35am until 8:55am** when the gates are locked. After that time children are registered as late and should report to the main school office.

## Afternoon collection;

Learning time finishes at **3.25pm** and parents/carers need to wait patiently at the patio door. Sometimes it might be a few minutes later. If you want to speak to the teacher please wait until we have dismissed all other children (the handing over of children is our priority at the end of the day).



# Booking School Meals



We strongly recommend a hot school meal in the middle of the day. Children are supported in the hall and we ensure they are encouraged to eat and **try new things**.

School meals are booked for the **full half term** through **parent pay**. Reduced the price this year to **£2 per meal** to support families.



**Lunch bands:** Each child with a hot school meal is provided with a coloured band to indicate their meal choice: **Red: meat and fish option; Green: vegetarian options; Yellow: vegan or alternative option**

**Packed lunches are discouraged for a number of reasons;**


- Difficult to ensure a **healthy balance** of all the essential food groups.
- We have a number of children with **extremely serious allergies** and have to be strict about the food coming into school.
- More difficult for us to **monitor what children are eating**.
- We may **replace any packed lunch that is not compliant with our lunch policies** (we will of course advise parents of our concerns).

## Packed Lunch Guidance

### Everyday:

- 1 portion of fruit 
- 1 portion of vegetables
- 1 portion of protein *(to help you grow and stay healthy)*  
This includes: meat, fish, chickpeas, lentils, kidney beans, falafel, hummus.
- 1 portion of starchy food *(for energy!)*  
This includes: potatoes, pasta, bread, rice, couscous, noodles, cereals.
- 1 portion of dairy *(to build up strength)*  
This includes: milk, cheese, yoghurt, fromage frais, custard. 

### Once a week:

- Source of Omega *(to help your overall health)*  
This includes: oily fish, flaxseeds, chia seeds, soy beans, kidney beans. 

### Drink:

- Only water, milk or yoghurt drinks 

*You can have healthy treats in your lunch  
– but eat these after everything else!*

### Fridays Only:

- Chocolate bars
- Crisps
- Processed Food: sausage rolls, pies, corned meat/sausages



### NO NUTS

- NO FIZZY DRINKS
- NO FAST FOODS  
*(burgers, chips, McDonalds, KFC etc)*



# Key Information: School Uniform



- We ask that your child always has on a clean uniform.
- Red sweatshirt or cardigan (with or without school logo)
- White polo shirt (with or without school logo)
- Dark grey trousers, skirt or pinafore dress / red and white dress for the summer
- Smart black school shoes.
- Shirts should be tucked in **at all times.**
- If your child has shoe laces for either their school shoes or PE shoes, please ensure you are teaching them how to tie them if they do not know already.
- Please ensure all uniform and PE items are **labelled so they can be easily identified.**



# Key Information: Physical Education



## PE kits

### Children come to school in their P.E. kit:

- Coloured t-shirt (with or without school logo) - depending on team colour
- Black shorts
- Grey sweatshirt – outdoors
- Grey tracksuit bottoms – outdoors
- Black plimsolls or black trainers
- White or grey socks
- PE bag (with or without school logo)
- **No jewellery**

## Autumn 1 PE Days

**3NL: Tuesday** (Indoor P.E) and **Wednesday** (Outdoor P.E.)

**3SH: Wednesday** (Outdoor P.E) and **Thursday** (Indoor P.E.)

**3SM: Monday** (Indoor P.E) and **Wednesday** (Outdoor P.E.)

**3LA: Monday** (Indoor P.E) and **Wednesday** (Outdoor P.E.)





# Key Information: Reading at Home



## Reading at home

Children are expected to read at least **20 minutes** of their reading book each evening; if children do not manage it one evening, they should read extra pages on other evenings.

Reading records: Reading books are changed and reading records are checked by an adult regularly throughout the week. Please can you **sign your child's reading record** to indicate your child has read each day.

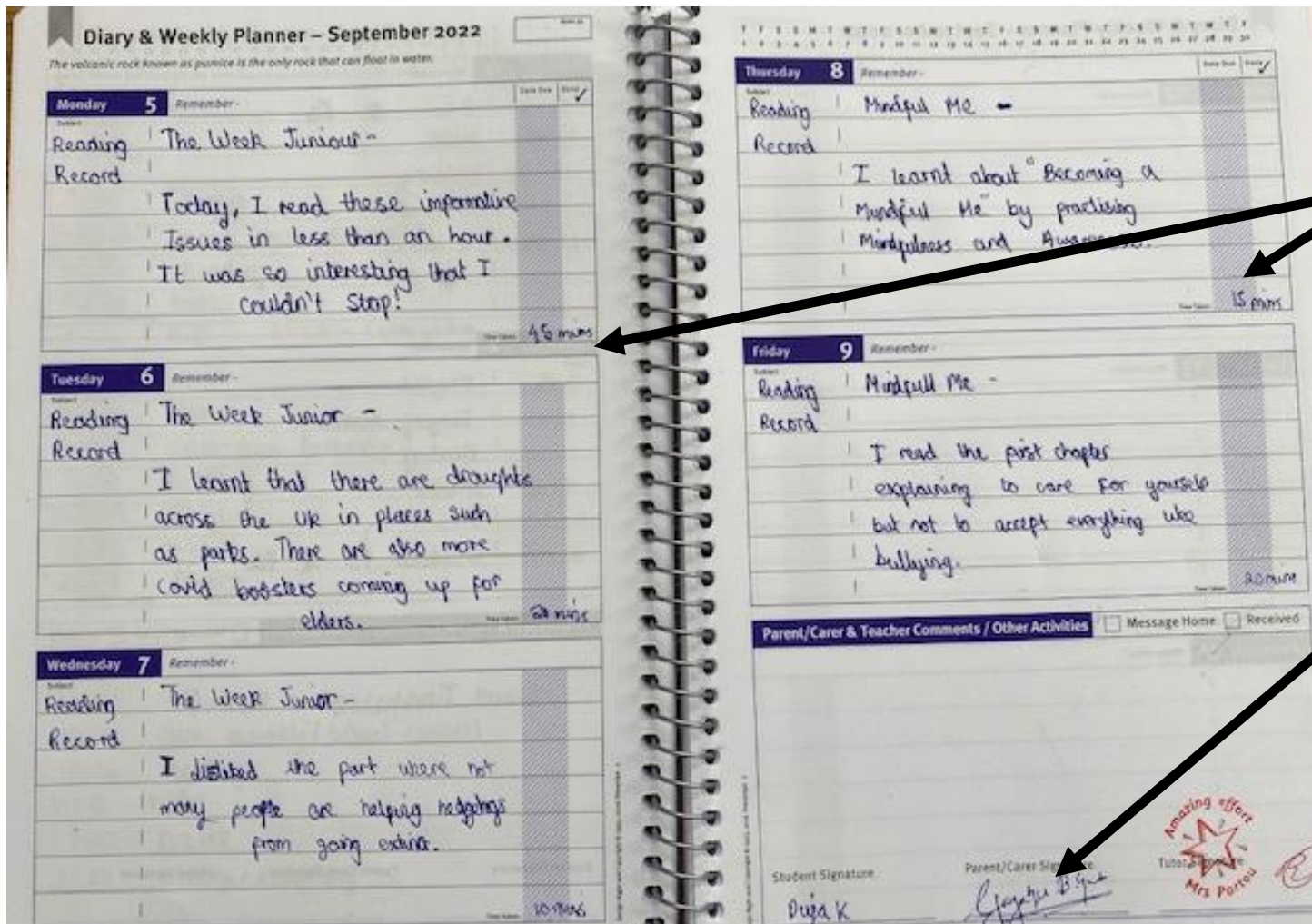




# Key Information - Diaries



Please encourage your child to be responsible and independent. They need to have their diaries on a Monday morning. This needs all the evidence of reading and to be signed **by an adult**.



Reading book and pages.  
Signed by an adult daily

Signed by an adult

# Key Information: Home Learning



Day due /checked	Subject	Details
Daily	Reading	<b>20 minutes reading per day</b> to an adult at least 5 days per week. Recorded in diaries.
Monday, Wednesday & Friday	Diary	Signed by parent/carer weekly. Checked by a class teachers up to 3 times a week.
Daily	Spellings	Help your child to learn weekly spelling. Writing spelling sentences is encouraged although not compulsory weekly. Challenge your child to identify new difficult words and look up meaning of new words using a dictionary.
Tuesday	Maths & English	Maths and English homework will be set every <b>Friday</b> . Children will be given their homework books to complete homework in. Homework is due in the following <b>Tuesday (Wednesday at the latest)</b> .
Friday	Mathletics	All tasks set to be completed by <b>Tuesday</b>



# Key Information: Spellings



- For the first weeks of Autumn 1 the children will review and will be tested on their Year 2 common exception words.
- The children will be taught various strategies that focus on how to learn and remember the spellings of different words.
- From Autumn 2 onwards the children will then be introduced to Year 3 spelling words which will be sent home and will be tested on in school once a week.
- Please can you ensure the children are **practicing these spellings everyday**. The children can choose to practice these using some of the strategies they have learnt at school.



# Key Information



**Book bags** – they should come into **school everyday**.

**Children should not be bringing:** gadgets, smart watches or phones.

**No party bags / food** – if a child has birthday we will of course mark it and perhaps read their favourite e-book/ sing happy birthday but we **never give out food or party bags** .

**Stationary: In Year 3 should be bringing in their own stationary.** All children are expected to bring:

- A small pencil case
- Writing pen
- 2 pencils
- Pencil sharpener
- 30cm clear ruler
- Glue stick
- Green pen
- Colouring pencils
- Dry wipe board pen

**Stationary shop prices:**

Item	Price
<b>Pencils</b>	
HB pencil	10p
Ferby Graphite pencil	40p
BIC mechanical pencil	50p
BIC lead refills	£1
<b>Pens</b>	
Pilot Frixion rub out pen	£1.50
Manuscript handwriting	30p
Ball point pen	30p
Fine liner	30p
Whiteboard marker	40p
<b>Rulers</b>	
15cm ruler	10p
30cm ruler	20p
30cm coloured ruler	20p
<b>Pencil Cases</b>	
Clear pencil case - small	50p
Clear pencil case - large	80p
<b>Other</b>	
Glue stick	50p
Highlighter	20p
Protractor	20p
Small simple sharpener	10p
Larger sharpener	25p
Rubber	20p
Mini pencil-top rubber	10p



# Year 3 Curriculum



At Whitchurch, we plan a personalised and interesting curriculum which centres around your child. This half term our key topic across the curriculum is **Values in Action**.

This topic interlinks across the different subject to help the children make links between their knowledge and skills and also focuses on the school's core values.

**A copy of Year 3's overall curriculum map and Autumn 1 Medium Term Plan can be found on the school website.**



| [Our School](#)

| [Our Learning](#)

| [Parents & Community](#)

| [Enrichment](#)

| [Contact](#)

Year 3 times tables learning. Children are expected to learn multiplication facts for the 3, 4 and 8 times tables and to use practical and written methods to multiply and divide two-digit numbers (for example,  $15 \times 4$ ). Children can use Times Tables Rockstars or Mathletics to support with their learning of their times tables.

## Autumn 1 Curriculum

Our topic this half term is Values in Action

[A Year 3 Curriculum Overview](#)

[B Year 3 Curriculum Plan - Autumn 1 2024](#)

[C Year 3 Curriculum News - Autumn 1 2024](#)

# Year 3 Curriculum



- Please take the time to read through the **Year 3 Curriculum newsletter** which was sent out to parents and carers via School Spider. The curriculum newsletter is sent out **at the end of every half term**.
- Within the newsletter it highlights the **cross curricular links** made within this topic, **what key areas we will be covering** and **suggestions to support learning at home**. It also provides key dates and information of any **upcoming events for Year 3**.
- Please also take the time to visit the school website where you can find our Year 3 Medium and Long term plan summarizing what we will be covering over this half term.



This half term our topic is: **Values in Action**

**English**

- Read as writers: Using our reading books look at features used by writers to add description and impact. **Ca** repetition, similes, short sentences.
- Review the grammar learnt in Year 2 including different sentence types, adjectives, verbs, nouns and adverbs. Creating simple sentences and extending them with conjunctions.
- We will end the half term by writing a fact file about an endangered animal.

**Supporting children at home:**

- Please read **every day** with your child. Discuss the story and theme of the book.

**Reading (core texts)**

- Explore a range of short books related to the Whitchurch Values.
- Read as readers: Explore the themes and relate them to other books with similar themes.

**PSHE: Being me in this world**

- Identifying positive things about me.
- Recognising my emotions and dealing with worries.
- Making sensible choices and facing challenges.

**Supporting children at home:**

- Have a worry jar at home to share and talk about their everyday worries.
- Please discuss with your child the consequence of their actions. Help them to see that there are other more sensible choices.

**Humanities & Arts**

**Geography: The United Kingdom (Map Skills)**

- Name and locate UK counties, cities, regions and seas.
- Explore the human and physical features of the UK identifying different landscapes.

**Design and Technology: Cooking and Nutrition**

- Explain where different foods come from around the world
- To design a puff pastry tart using seasonal fruits and vegetables.
- To develop our cutting and peeling skills.

**Music**

- Read rhythmic notation
- Accompany songs with rhythmic **o-p-o-o-u**.
- Compose own rhythms based on spoken phrases

**Supporting children at home:**

- Geographical: Discuss the human and physical features of the world whilst you are out and about
- Design and technology: Look at the packing of your fruits and vegetables to see where they come from, from around the world.
- Text

**Religious Education**

- To identify and learn about Hindu values using various traditional stories.

**Supporting children at home:**

- Read about Hinduism at your local library.
- Ask a Hindu friend or neighbour questions about their religion.

## Year 3 Curriculum – Autumn 1 2024

**Science: Animals including Humans**

- To know the purpose of the human skeleton and the main bones in the skeleton.
- To know that some animals have skeletons on the outside of their bodies
- To know the most important muscles in the human body and how they help us move.

**Supporting children at home:**

- Go on a bug hunt. Look out for animals that have no skeleton (worms, slugs) and animals that have an exoskeleton (insects).

**Computing: Online Safety**

- To understand how to stay safe online and how to recognise unacceptable behaviour.
- To know who to talk to about concerns and inappropriate behaviours online.
- To decide whether digital content is relevant based on a given purpose.

**Supporting children at home:**

- Visit <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/>

**Maths**

- Efficient methods for mental addition and subtraction, using concrete resources and different representations.
- Understanding place value to 1000
- Using known facts to support measurement and converting between m and cm and mm.

**Supporting children at home:**

- Practise counting forwards and backwards up to 100. Note half and quarter of 10 and 100.

**Physical Education**

- Indoor: To develop the basic skills of rolling, jumping and balancing in gymnastics.
- Outdoor: To develop the fundamental skills of balancing, running, jumping and skipping.
- To identify areas of strength and development in regards to your sporting abilities.

**Supporting children at home:**

- Find a safe space and practise balancing on a beam or straight line. Increase stamina by running a distance and timing yourself.

**French**

- Learning vocabulary linked to school items
- Revising colours and learning about adjectives agreement (masculine and feminine)
- Learning about the verb to have in the first, second and third person

**Supporting children at home:**

- Visit: [www.french-games.net/frenchgames/mix-and-match](http://www.french-games.net/frenchgames/mix-and-match)

**Events and Enrichment**

- 1.10.24 – 3NL and 3LA trip to London Transport Museum
- 2.10.24 – 3SM and 3SH trip to London Transport Museum
- 22.10.24 & 23.10.24 – Parent's evening



## Year 3 Medium Term Plan Values in Action

	Week 1 W/B: 2.9.24	Week 2 W/B: 9.9.24	Week 3 W/B: 16.9.24	Week 4 W/B: 23.9.24	Week 5 W/B: 30.9.24	Week 6 W/B: 7.10.24	Week 7 - 8 W/B: 14.10.24 W/B: 21.10.24
<b>Events / Info</b>	STAFF INSET: 2.9.24 & 3.9.24		Pupil progress meetings		1.10.24 3NL and 3LA – London Transport Museum 2.10.24 – 3SH and 3SM – London Transport Museum		22.10.24 & 23.10.24 – Parents Evening
<b>English Our School Values</b>	Transition tasks & Group Work – Communication and collaboration.  Introducing Handwriting practice.	Generosity & Kindness  Different sentence types. Editing sentences and correcting punctuation.	Resilience  Identifying nouns in a sentence. Plural and singular. Using determiners.	Honesty  Adding adjectives to simple sentences.  Expanded noun phrases. Challenge – similes.	Respect  Conjunctions – and, but, because.  Challenge – when, if, so	Responsibility  Features of a fact file.	Aspiration  Exploring fact files.  Extended writing – animal fact file.
<b>Spelling Revision of year 2 spelling rules.</b>	high frequency words KS1  Partner practice sessions.	Assessment – high frequency words KS1  Where to write incorrect words so you can re-learn them.	Syllables – division of words into syllables and recognising which syllable is stressed.	Adding <b>er</b> and <b>est</b> to adjectives where no change is needed to the root word. – Creating comparative and superlative adjectives.	Adding suffixes beginning with consonants. – <b>ment</b> ness. Creating nouns. – Words ending in <b>i</b> .	Adding suffixes beginning with consonants. – <b>ful</b> less. Creating adjectives.	Year 2 homophones - revision
<b>Reading</b>	One to one, paired reading activities (assessment)	One to one, paired reading activities (assessment)	One to one, paired reading activities (assessment)	One to one, paired reading activities (assessment)	Reading assessment	Retrieval (Note: this fits with the English work on fact files).	One to one, paired reading activities (assessment)



# Year 3 Curriculum



**Class timetables:** Below is an example of our weekly class timetables. These can be found on the school website under the Year 3 year group page.

- This provides you're an in depth look the **different subjects covered** throughout the week and also indicates **key days and times** when subjects such as PE take place.
- These are updated **every half term**.

## Books

Children are provided with a range of different subject books to record their everyday learning.

These are:

**English** - Yellow

**Maths** - Blue

**Curriculum** – (Geography, History PSHE and R.E) - Red

**Science** - Green

**Reciprocal Reading** - Yellow (small)

**General Work book** - orange

**Home Learning** - Purple



## 3NL Timetable – Autumn 1 2024

		8:35am-9.00am	9.00am-10.00am		10.20am-12.00am			1:00-1:30pm	1:30 – 2:15pm	2:15pm - 3.20pm		
Mon	Registration & early morning work - 8.45am-9.05am	Buddy Reading	English		Head teacher's Assembly	Maths		Whole class Reciprocal Reading	Geography	Computing		Story - 3.20pm
Tue		Class Assembly (Only if in year group) 1 every 3 weeks		R.E	PSHE		Reciprocal reading		Indoor P.E 1:30-2:15pm	Maths 2:15pm – 3:15pm		
Wed		Buddy Reading	English		Management time 10:30am- 12pm			Management time 1-1:30pm				
Thurs		Gate duty (main gate)	BR	Music	Reciprocal reading	Break duty R.R	Celebration assembly	Maths	Outdoor P.E 1pm-2:15pm	Library 2:15pm – 3:30pm		
Fri		Buddy Reading	English		English			PPA 1pm -3:30pm		Maths	Science	
					Lower school singing assembly	Maths		Whole class Reciprocal Reading		Art		

# Year 3 Enrichment

This year, Year 3 are excited to announce a range of exciting activities and trips that will be taking place across the year.

Details for each of these activities will be sent out closer to the time. It is important that all parents and carers fill in the required details on time and complete their payments using ParentPay.

## **Trips/ Activities we offer this year:**

- **Autumn 1:** London Transport Museum (linked to Geography)
- **Autumn 2:** Stone Age workshop (linked to History)
- **Spring 1:** Rock Up – Rock Climbing (linked to Science and Geography)
- **Spring 1:** Roman Day (linked to key topic – The Romans)
- **Spring 2:** VR Volcano workshop TBC (linked to key topic – Natural Disasters)
- **Summer 1:** Visit to Kenton Temple (linked to Religious Education)
- **Summer 2:** Visit to Canons Park – (linked to Art and Science)
- **Summer 2:** Visit to St Albans Verulamium (linked to History)





# Parent Volunteers



We feel that the involvement of parents in children's education is vital and we encourage active participation in many ways. In whatever way parents offer their time, we are always extremely grateful. There are many different ways in which parents can help in school – These include:

- Helping with literacy (typically listening to children read)
- Helping with numeracy
- Sharing your professional skills (for example, if you're a doctor, you might go in to talk to a class whose topic is healthy living)
- Helping with classroom activities such as cookery
- Helping on school trips

If you are interested in volunteering, please contact the school office.



# Contacting Teachers



We are always happy to talk to you about your child. Parents can **email or phone the school office**. Contact the **Year team leader** or the easiest way is to **see the teacher at the end of the school day**. If teachers don't have time or more time is needed they will happily arrange an alternative time for you to come and talk .

## Communication

- Remember to read the **weekly newsletter**
- **Important dates and updates** are posted on the school website – **please check regularly**
- Download the **School Spider app** to receive important messages and updates

**Important: Please tell us any change of details of people collecting your child**

## CONTACT

Whitchurch Primary School and Nursery  
Wemborough Road, Stanmore, Middlesex, HA7 2EQ

School Office | 020 8951 5380  
office@whitchurchprimary.harrow.sch.uk



# School Contact



## Contacts

You can contact us via appointments made through the office, phone call appointments or via email.

**Year 3 Leader (Miss N Lakhani)**

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**Ms R Inniss (Headteacher)**

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**Mr M Thompson-Lawrie  
(Deputy Headteacher)**

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**Mrs D Qudsiyeh  
(Assistant Headteacher for Inclusion)**

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**Miss N Ward  
(Assistant Headteacher for Early Years)**

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**Miss R Francis-Dottin  
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**Mrs E Leutfeld (Director of Music)  
Music Department**

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