Allergen Report

Generated: 25/09/2024

Menu: Whitchurch - Week 3



✓ Contains Allergen ? May Contain Allergen ! Missing Allergen Information 🥒 Vegetarian 🗸 Vegan 🖐 Modifier

Main Meals																												
	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Saibilles
Beef Mince Hot Pot																									~			~
Peri Peri Shredded Turkey Thigh																												
Tuna Broccoli Pasta Bake			~		~														~					~				
Battered Fish Fillet (battered pollock)			~		~														~					~				
Falafel Wrap (VG) 💋			~		~																							

Vegetarian Meals

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Cheese Sub @		?	~		~																		?	~				
Lentil Hot Pot (VG) Ø																									~			~
Macaroni Cheese 🥭			~		~																	?		~				
Vegetable Nuggets KS1 (VG)			~		~																							
Vegetable Nuggets KS2 (VG)			~		~																							
Peri Peri Tofu (VG) Ø																						~						

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Homemade Bread 🥭			~		~													?				~		~				
Chips (VG) Ø																												
Carrots (half portion) (VG) Ø																												
Baked Beans (VG) Ø																												
Broccoli (half portion) (VG)																												
Gravy (VG)																												
Diced Potatoes (VG)																												
Peas (VG) Ø																												
Lemon Rice (VG) Ø																												
Green Beans (VG)																												
Garlic Bread / Garlic Slice			~		~																		?	?				
Sweetcorn (VG) Ø																												

Third Option

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Jacket Potato (VG/GF/DF)																												
Jacket Potato Grated Cheese Topping <i>₹</i>																								~				
Jacket Potato Grated Cheese Topping (VG/GF/DF)																												
Jacket Potato Baked Beans Topping (VG/GF/DF) Ø																												
Jacket Potato Tuna Mayo Topping																		~	~								~	
Side Salad (VG/GF/DF) Ø																												
Twisty Pasta with Tomato Sauce or Grated Cheddar 🥒			~		~																			~				

Desserts

	Re	Gluten (Barley)	Gluten (Wheat)	Gluten (Rye)	Cereal Containing Gluten	Gluten (Oats)	Peanuts	Other Nuts	Walnuts	Pistachio Nuts	Pecan Nuts	Macadamia Nuts	Cashew Nuts	Brazil Nuts	Almonds	Tree Nuts	Hazel Nuts	Eggs	Fish	Crustaceans	Molluscs	Soya and Soya Products	Sesame Seeds	Milk	Celery and Celeriac	Lupin	Mustard	Sulphites
Jam & Coconut Sponge 🥭			~		~													~										~
Raspberry Jelly (VG) Ø																												
Chocolate Crunch (VG)			~		~																	?						
Apple & Raisin Flapjack (VG)		?	?		~	~																						
Tropical Fruit Salad (VG) Ø																												~
Strawberry Yogurt (GF) 🥒																								~				