



# FREE AFTER SCHOOL DANCE & WELLNESS WORKSHOPS

For Young People living in Harrow aged 6-18 including those with SEND

**FREE SESSIONS EVERY THURSDAY FROM JANUARY - JULY 2025**

**SPRING TERM  
16 JAN - 20 MARCH 2025  
(EXCLUDING 30 JAN & 27 FEB)**

**SUMMER TERM  
1 MAY - 17 JULY 2025  
(EXCLUDING 29 MAY & 26 JUNE)**

**VENUE:  
GREENHILL LIBRARY, PERCEVAL SQUARE,  
COLLEGE ROAD, HARROW HA1 1GX**

**TIME:  
4.30 - 5.30PM**

**(20 FEB & 17 JULY, TIMINGS EXTEND FROM  
3.30 - 5.30PM)**



- Improve health and wellbeing
- Learn classical Indian dance movements
- Exciting performance opportunity
- Get a certificate and an accredited qualification
- Be creative, have fun and release stress

**WORKSHOPS ARE FREE, WITH PRIORITY GIVEN TO THOSE ON FREE SCHOOL MEALS / UNIVERSAL CREDIT. REGISTRATION IS ESSENTIAL!**

**Email to  
Book Now**



**[yuvaculture@srishti.co.uk](mailto:yuvaculture@srishti.co.uk)**



**020 8420 1076 (monitored occasionally)**

Srishti Yuva Culture is a registered charity (no 1127181) based at the Harrow Arts Centre. [www.srishti.co.uk](http://www.srishti.co.uk)



After-school wellness workshops are devised and delivered by Srishti Yuva Culture and funded by Young Harrow Foundation in association with Harrow Change Makers.