

FREE AFTER SCHOOL DANCE & WELLNESS WORKSHOPS

For Young People living in Harrow aged 6-18 including those with SEND

FREE SESSIONS EVERY MONDAY

FROM JANUARY - JULY 2025

SPRING TERM 13 JAN - 24 MARCH 2025 (EXCLUDING 17 FEB)

SUMMER TERM 28 APRIL - 14 JULY (EXCLUDING 5 MAY & 26 MAY)

VENUE:

THE WEALDSTONE YOUTH CENTRE (LOCATED INSIDE THE WEALDSTONE CENTRE)

38-40 HIGH STREET, HARROW AND WEALDSTONE, HA3 7AE

TIME:

4.30 - 5.30PM



- Improve health and wellbeing
- Learn classical Indian dance movements
- Exciting performance opportunity
- Get a certificate and an accredited qualification
- Be creative, have fun and release stress

WORKSHOPS ARE FREE, WITH PRIORITY GIVEN TO THOSE ON FREE SCHOOL MEALS / UNIVERSAL CREDIT. REGISTRATION IS ESSENTIAL!

Email to Book Now



yuvaculture@srishti.co.uk

020 8420 1076 (monitored occasionally)

Srishti Yuva Culture is a registered charity (no 1127181) based at the Harrow Arts Centre. www.srishti.co.uk





After-school wellness workshops are devised and delivered by Srishti Yuva Culture and funded by Young Harrow Foundation in association with Harrow Change Makers.