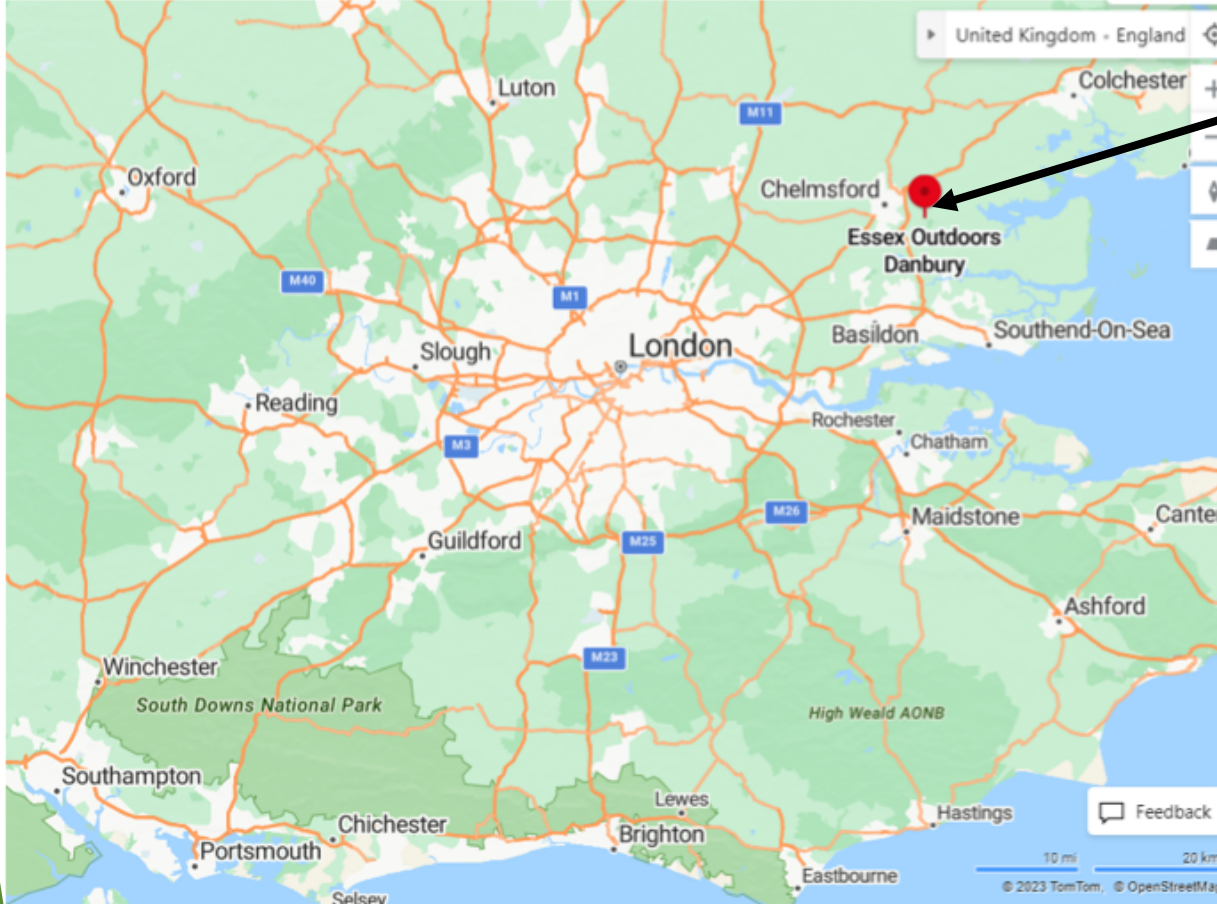


Year 6 Residential

March 2025



Details of the Trip



Essex Outdoors, Danbury

Wednesday 19th March – Friday 21st
March 2025

Leave school at around 11am on
Wednesday and will return at around
3:30pm on Friday

Why March?

- ▶ Much cheaper!
- ▶ Develops leadership skills
- ▶ Develops bonds and relationships between pupils and staff
- ▶ Less bugs (children hate the bugs!)

Day 1:

12:30: arrive on site (*eat own packed lunches*)

13.30 - 15.30: **Obstacle Course**

15.30 - 17.30: **Aerial Trekking**

17:30: Welcome & settle in

18.00: Evening Meal

19.00: **Movie Night**

Day 2:

08.00 Breakfast

09.15: **Archery**

10.45: **Bridge Building**

12.00: Course Director Activities/Review

12:15: Lunch

14.00: **Zipwire**

16.00: **Jacobs Ladder**

18.00: Dinner

19.00: **Camp Fire** (weather permitting)

Day 3:

08.00 Breakfast

09.15: **Climbing**

10.45: **Caving**

12.00: Course Director Activities/Review

12:15: Lunch

13.30: Depart

A Typical Day at Danbury

Whitchurch Primary School

2025 Activity Programme

19th – 21st March 2025

	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7	Group 8
Wed 19th March 13:30 – 15:00	Archery	Bridge Build	Obstacle Course	Vertical Challenge	Obstacle Course	Leap of Faith	Aerial Trekking	Zip Wire
15:00 – 16:30	Obstacle Course	Archery	Bridge Build	Leap of Faith	Vertical Challenge	Obstacle Course	Zip Wire	Aerial Trekking
Thur 20th March 09:30 – 11:00	Vertical Challenge	Leap of Faith	Archery	Bridge Build	Aerial Trekking	Zip Wire	Caving	Caving
11:00 – 12:30	Caving	Vertical Challenge	Leap of Faith	Archery	Zip Wire	Aerial Trekking	Bridge Build	Obstacle Course
13:30 – 15:00	Leap of Faith	Caving	Aerial Trekking	Zip Wire	Archery	Bridge Build	Obstacle Course	Vertical Challenge
15:00 – 16:30	Bridge Build	Obstacle Course	Zip Wire	Aerial Trekking	Caving	Archery	Vertical Challenge	Leap of Faith
Fri 21st March 09:30 – 11:00	Aerial Trekking	Zip Wire	Vertical Challenge	Caving	Leap of Faith	Caving	Archery	Bridge Build
11:00 – 12:30	Zip Wire	Aerial Trekking	Caving	Obstacle Course	Bridge Build	Vertical Challenge	Leap of Faith	Archery



Danbury Sample Menu

Danbury Outdoors

Food

All meals are catered for by Danbury Outdoors. You do not need to pack any food for your child during their stay ***(except for a packed lunch on the first day)***

Example menu:

Breakfast: Cooked breakfast, continental pastries, cereal, toast, yoghurt, fresh fruit

Lunch: Baguette / rolls / wraps, choice of fillings, fresh fruit

Dinner: Spaghetti bolognese, garlic bread, salad, **desert:** chocolate gateau, fresh fruit

Supper: Hot chocolate, biscuit

The dining hall is open all day for drinks

Our catering team are experienced in dealing with different dietary requirements. Please ensure that you pass dietary requirements in advance so we can make the necessary arrangements. You are welcome to send your child with some specialist items, if you wish.

All dietary needs are catered for, including: Halal, vegan, vegetarian, gluten intolerant etc

<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	8:00am
	Cereal, Fresh Fruit	Cereal, Fresh Fruit	
	Toast, Yoghurts	Toast, Yoghurts	
NONE REQUIRED	Bacon, Sausage,	Croissant	
	Scrambled egg	Sausage Baguette	
	Hash Brown		
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	12:30pm
	Pepperoni or	Baked Potato	
	Cheese & Tomato Pizza	With A Selction Of	
	Served With	Hot & Cold	
NONE REQUIRED	Salad &	Fillings	
	Seasoned Wedges		
	Fresh Fruit	Fresh Fruit	
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	5:00pm
Roast Chicken	Pasta		
With Gravy	Beef Bolognaise Sauce		
Potatoes	or	NONE REQUIRED	
Vegetables	Tomato & Basil Sauce		
Yorkshire Pudding	Garlic Bread		
	Salad		
Chocolate Cake	Ice cream Roll		

Accommodation

Accommodation

Log cabins

- There are 10 log cabins, each with an en-suite toilet and wash basin
- They sleep between 8 and 10 young people and have a separate leaders room
- No bedding is provided – please bring a single duvet, bottom sheet and pillow, or sleeping bag, bottom sheet and pillow

There are separate male and female toilet and shower blocks, open 24hours a day



Suggested Kit List & Others Things

- ▶ A kit list has been sent to you via School Spider
- ▶ Bedding - Sleeping bag or single duvet, bottom sheet and pillow.
- ▶ Children need a large duffle bag or suitcase and a smaller backpack for the coach
- ▶ Children can bring a book to read or a book to write in or a colouring book.
- ▶ NO electronic games allowed
- ▶ NO cameras or phones at all. This would be a breach of our policy and a potential safeguarding / GDPR risk.
- ▶ Please DO NOT allow any jewellery or watches as it could get caught when children are climbing, going down the zip wire
- ▶ Bed wetting: it happens! Please remind your child that it is nothing to be embarrassed about and to just let one of us know.
- ▶ Travel sickness: VERY important that you tell us this as we will put these children closer to the front and have sick bags ready. Anti sickness tablets MUST be handed in to the main first aider.

Additional Information

- ▶ Risk assessments
- ▶ No nuts
- ▶ No hard sweets or choking hazards
- ▶ Fasting
- ▶ Nothing sharp in the coach bag
- ▶ A parent WhatsApp group will be set up closer to the time where we will share photographs and updates of the trip