

Setting Limits Defining Boundaries

A 2-hour workshop for all parents /carers of children aged 3-11



Date: Monday 12th May 2025

Time: 7.00 - 9.00pm

Venue: On-line via ZOOM

Cost: £14.00/£5.00 concession (with proof)

Price is per parent/carer



Helping Families to Live and Learn Together

Generally children need to know where they stand and what the rules are. As children hurtle along the path of growth and development, one of the main roles parents can play is to provide boundaries that help to contain, guide them and keep them safe.

Topics include:

- Effective boundary setting
- Positive communication
- Eliminating power struggles
- Effective rewards and consequences



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