

# Whitchurch Weekly

21st Mar  
2025  
Issue 25



## Year 6 Residential visit to Danbury

Year 6 children enjoyed an action packed residential visit to Danbury Outdoors in Essex. They participated in a wide range of challenging activities to build teamwork skills and resilience - including archery, an obstacle course, zip wiring, caving, bridge building, aerial trekking and the vertical challenge. They also enjoyed staying in log cabins and having a movie night! It was a great experience and surely one that the children will remember for many years to come.



# Enrichment Highlights



## Year 2 visit to the Florence Nightingale Museum

This week, Year 2 pupils visited the Florence Nightingale Museum within St Thomas's Hospital as part of their 'Inspirational Women' topic. The children met the museum's very own 'Florence Nightingale' who hosted a session sharing her life and work. This was followed by activities in the museum with a chance to dress up as a Crimean War soldier and Scutari nurse. The children really enjoyed learning more about the beloved lady and having a day out in Central London!

Mrs Akhund



# Enrichment Highlights



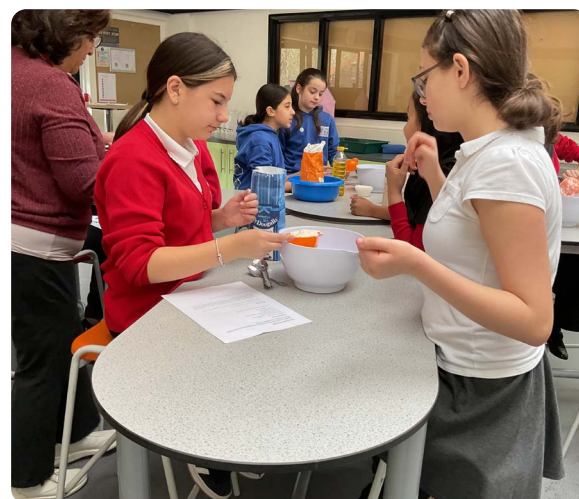
## Year 3 and 4 Gymnastics

A selection of Year 3 and Year 4 girls participated in the Harrow Gymnastics Competition, demonstrating routines such as a half handstand, Arabesque balance, cartwheel, backward roll and vaulting. Year 3 came third place as a team and all the girls worked very hard to perform at the highest standard - well done to everyone involved!



## Year 6 Activity Days

Year 6 children who did not attend the residential visit to Danbury enjoyed a range of activities in school including arts and crafts, creating maze games using Scratch, baking vanilla cupcakes, playing with Reception children and karaoke singing!



# General Notices and Highlights



## Invacuation Drill/Test

We will be testing our invacuation procedure on **Wednesday 26th March at 11am**. This is for us to practise what to do in the event of a lockdown.

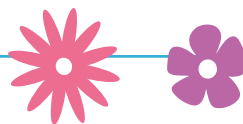
## Google Classroom Workshop for Year 4 Parents/Carers

A reminder to Year 4 parents and carers that our Google Classroom workshop will take place on Monday at 2.30pm.

1IN class  
assembly  
next week

## FoW 'Celebrate Your Female Hero' Wednesday 26th March, 3.20pm (in the playground)

Friends of Whitchurch will be holding a gift sale this coming Wednesday after school in preparation for Mothering Sunday. Come along and buy a gift for the female hero in your life!  
**Gifts are £1 to £3 each (cash and card accepted).**



## Instrumental applications

Thank you to all the parents who have already signed up for next year's instrumental lessons. In anticipation of the upcoming music reports, please note that the application deadline has been extended until **Wednesday 26th March**.

## Science Week - 'Change and Adapt' Exhibition

We will be holding a Science exhibition (during Science Week) on **Thursday 3rd April at 2.45pm**. Parents and carers are invited to come and see the fantastic Science work the children have been doing. You will then be able to explore the rest of the school's Science exhibits at collection time.



## Junior Adventures Group - Holiday HQ

A reminder that Junior Adventures Group are running Holiday HQ this Easter. Please see **page 11** for details.



Easter  
Holidays  
7th to 21st  
April

# Spotlight on Music

Year 1 are learning about rhythm and pitch



## Whole Class Programme - Rhythm and Pitch

This term in Music, Year 1 have been learning to follow simple rhythmic notation (minim, crotchet, paired quavers). They have been combining beat and rhythm and accompanying songs with rhythmic ostinati (repeated patterns). The children have also started changing the speed and length of the beat. They will be using tuned percussion instruments to play simple melodies and will learn new songs, focusing on pitch accuracy and using actions to indicate pitch movement.

*Mrs Ahmed and Mrs Leutfeld*

## Year 1 views

“I love it when we get to play the instruments. When Miss Maynard shows the cards, it’s so much fun!” Skye

“I like playing instruments. When I am learning to play music and I get stuck the teacher helps me,” Dina

“I practice singing at home and sing at school too. The teacher says ‘well done’ to me!” Elias

“I am good at ta’s, ti-ti, ta’s. I have to follow instructions and follow the beat,” Malik

“I like the bit where I stand up to play instruments to the class.” Aarushi



# Dates for your Diary

Spring/  
Summer



Monday 24th March	Year 4 Parents/Carers Workshop - Introduction to Google Classroom (2.30pm-3.15pm)
Tuesday 25th March	Year 5 Ancient Greece Day (with Drama workshop)
Wednesday 26th March	HMS String Festival FoW Celebrate Your Female Hero (3.20pm)
Thursday 27th March	Year 4 and 5 Road Safety Show (2.15pm)
Mon 31st Mar to Fri 4th Apr	Science Week ( <i>Science Exhibition for parents/carers on Thurs 3rd April at 2.45pm</i> )
Wednesday 2nd April	Year 3 visit to Canons Park (rescheduled)
Tuesday 22nd April	3NL visit to Pizza Express, Stanmore
Thursday 24th April	Year 5/6 Senior Choir trip to John Lyon School
Mon 28th to Tues 29th April	Year 5 residential visit to Woodrow High House
Tuesday 6th May	Year 5 (Girls) Discovery Day at Northwood College
Friday 9th May	Year 4 Trumpets/Clarinets (9.15am and 10.15am)
Monday 12th May	3SH and 3SM visit to Hindu Temple
Monday 19th May	3LA and 3NL visit to Hindu Temple

More dates to follow

## Class Assemblies

Tuesdays Reception to Year 3 (9.05am to 9.45am)

Tues 25th Mar	1IN
Tues 29th April	3LA
Tues 20th May	RBP
Tues 10th June	RLS
Tues 24th June	RTP
Tues 8th July	RWD

Thurs 24th April	4ND
Thurs 1st May	1PD
Thurs 8th May	5RC
Thurs 22nd May	5SC

Thursdays Years 4 to 6 (9.05am to 9.45am)

# Whitchurch Star Pupils



Well done to our stars of the week, who have been selected for excellent work and demonstrating our school values

**Tigers** Subhan  
**Leopards** Zian  
**Lions** Liam  
**Jaguars** Zach

**1RA** Elias  
**1SM** Ayaan  
**1PD** Ziad  
**1IN** Dhyana

**2ST** Shiv  
**2KK** Stara  
**2DN** Ruqayyah  
**2SA** Beatrice

Respect  
Responsibility  
Resilience  
Honesty  
Generosity  
Aspiration

**3NL** Lavinia  
**3SH** Sara  
**3LA** Anbar  
**3SM** Jalal

**4BS** Whole Class  
**4PC** Whole Class  
**4XL** Sami  
**4ND** Hasnat

**5SK** Benjamin  
**5SC** Alexis  
**5TG** Riyaan  
**5RC** Whole Class

**6HH** Diyaani  
**6ET** Gesa  
**6HA** Tabark and David  
**6CM** Whole Class

## Attendance Stars

This week's  
attendance  
stars are  
**4BS** and **6CM**  
(99.3%)

Whole  
School  
95.3%

### Did you know?

Regular routines and  
increased social interaction  
promote positive mental  
health and wellbeing.

# Staff

## Snapshot

**Name: Kelley Coghill**  
**Role: HLTA / Librarian**



### All about me

Hi, my name is Kelley and I am currently a HLTA at Whitchurch. I have lived in Harrow Weald my entire life and at 16 got my first job as a hair dressing apprentice. I qualified as a hairdresser at 18 and had 3 wonderful children in my late twenties. That was when I decided to make the switch into teaching where I worked as a Teaching Assistant for 5 years and as a HLTA for 10 years. If I could describe myself in three words I would say I am hard working, conscientious and compassionate.

### Hobbies and interests

I have a passion for baking and one of my 'go-to's' has got to be my signature profiteroles - they always go down a treat! I love to socialise with friends and enjoy eating out at restaurants, usually having my favourite Turkish kofta styled kebabs. Despite my children moaning about my 'beautiful singing voice', I don't let that stop me from singing my heart out to all my favourite musicals including Mamma Mia and Hamilton! I love the spring and summer and in the evenings you will usually find me sitting in the garden on my comfy lounge chair playing ball with my cocker spaniel Marley.



### Best part of my role

I love working at Whitchurch and the best part about my role is getting to see the transformation of so many bright and wonderful children. My job is so rewarding and I love being able to offer my guidance and support in order to shape pupils into becoming confident and more empowered versions of themselves. I thrive on positivity and Whitchurch has lots of ambition, which makes me feel proud to be part of a lovely community.



# Support for Families

Online Safety



## Streamers

You may already know that livestreaming plays a major role in children's entertainment, with a wide range of personalities influencing young viewers in both positive and negative ways. While watching streamers can be fun, it also comes with significant risks, including misinformation, financial harms, and inappropriate content.



Popular streaming platform Twitch has over 2.5 million viewers at any given time, which is why it's more important than ever to stay informed.

Please refer to the poster attached to this newsletter, which explores the potential dangers of livestreaming and offers essential insights to help you protect the children in your care.



## Hope Harrow Online Workshops

Parenting for Separated Parents - Tuesdays until 6th May  
Living with Teens - Wednesday 26th March  
Gaining Family Cooperation - Monday 28th April  
Setting Limits Defining Boundaries - Monday 12th May

View leaflets here

## Harrow's Holiday Activities & Food (HAF) Programme

Harrow's Holiday Activities & Food (HAF) programme is now open, offering eligible families the opportunity to book a free place for children at a participating holiday club. For more information and booking places please refer to the Harrow Young Foundation website.

View Harrow's HAF Programme here

# Support for Families



Schools  
Counselling  
Partnership



## Protecting your child from stress

Children today often feel more stressed than we realise. This is particularly important to remember because they are still developing emotionally and intellectually. They often feel powerless and are under a lot of pressure, with less time spent in nature, less free-play and downtime and less face-to-face contact.

Remember that it is important to think about your own self-care: slow down wherever you can. Also try to reduce all the activities in your child's schedule so that they have more downtime to play and be creative. Physical activity and nature are particularly helpful in reducing stress so try to make sure they can move outside every day. Take the time to listen to your child and make sure you laugh together! It is also important to minimise screen time and maximise connection time with them.

Finally, you can monitor and limit the amount of violence and upsetting material they access through video games, the news, and other online media, as this makes them believe that the world is a more dangerous place than it actually is.

*Physical activity and nature are particularly helpful in reducing stress.*



### Reach Out - Schools Counselling Partnership

Sometimes we could all do with someone to talk to. If you would like to meet Tom for a confidential and non-judgemental chat about you, your child, or any other worries, he is available on **Wednesdays at 9-10am**.

You can call/text Tom on **07799 028 461** or email him at **tom@schoolsounsellingpartnership.co.uk**

# Junior Adventures Group

Click here  
for booking



## Holiday HQ - World Explorers

**Venture into the big wide world with Holiday HQ:  
World Explorers this Easter Holiday!**



Pack your bags and join us on an epic journey across continents! Each day brings new discoveries - from ancient mysteries and breathtaking landscapes to vibrant cultures and incredible traditions. Build pyramids in Egypt, trek through the Outback, dance at a Spanish fiesta, and brave the Arctic chill! This is an adventure like no other - no passport needed, just endless excitement at your local club this Easter holiday.

### Key Features

- Embark on a 10-day global adventure - travel the world without leaving town!
- Discover a new culture each day through exciting, themed activities.
- Get creative with weekly make and take experiences.
- Compete in an inter-club special event for ultimate explorer glory!
- Team up to solve challenges and navigate the world together.
- Engage in hands-on crafts, sports, and games inspired by global traditions.
- Make new friends and put your explorer skills to the test.
- Enjoy flexible payment options, including weekly booking discounts.





# Penalty Notices for Unauthorised Absences

2024  
updates:  
what you  
need to  
know

With the introduction of the new National Framework for Penalty Notices, the following changes will come into force for unauthorised absences that occur after 19th August 2024.

## 5 consecutive days of Term Time Leave

Fines  
will be  
issued  
for:

Penalty Notice fines will be issued for term time leave of 5 or more consecutive days *(or for fewer days where this has happened before)*.

## 10 sessions of Unauthorised Absence in a 10 week period

Penalty Notice fines will be considered where there have been 10 sessions of absence in a 10 week period.

Fines  
will be  
issued  
to:

## Each parent/carer - for each child

Penalty Notice fines will be issued to each parent/carer, for each child who was absent.

*For example: 3 siblings absent for term time leave will result in each parent/carer receiving 3 separate fines.*



### First Offence

The first time a Penalty Notice is issued for Term Time Leave or irregular attendance the amount will be:

**£160 per parent/carer,  
per child when paid  
within 28 days.**

***(reduced to £80 per  
parent/carer, per child  
if paid within 21 days)***

### Second Offence (within 3 years)

The second time a Penalty Notice is issued for Term Time Leave or irregular attendance the amount will be:

**£160 per parent/carer,  
per child when paid  
within 28 days.**

***(no option to pay  
at £80 level)***

### Third Offence (and any further offences within 3 years)

The third time an offence is committed for Term Time Leave or irregular attendance a Penalty Notice will not be issued. the case will proceed to the Magistrates' court.

***Magistrate's fines can  
be up to £2,500 per  
parent/carer, per child.***

Please refer to our **Attendance and Punctuality Policy** and speak with the school if you are thinking of taking your child out of school during term time. You will need to make a written request to take your child out of school and any leave of absence will need to be agreed by the Headteacher before it is given.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

# What Parents & Educators Need to Know about STREAMERS

Livestreaming has become a big part of the entertainment people consume, and what began as a series of gamers sharing their screens has grown into a huge industry packed with personalities – and potential risks for your children. With over 2.5 million people watching Twitch, the most popular streaming service, at any one time, it's important to remain aware of the risks associated with streamers.

## WHAT ARE THE RISKS?

### INAPPROPRIATE CONTENT



Some gaming streamers will stick to family-friendly titles, but others will play more violent games that tend to be more popular. Non-gaming streamers come, in theory, discuss just about anything, and some streamers will often stream in revealing outfits.

### NEGATIVE INFLUENCES



While things have improved, streamers are often paid by companies to promote products, and this isn't always stated explicitly. While it's unlikely these goods will be harmful to your child, some streamers and influencers have engaged (knowingly or not) in scams in the past.

### FINANCIAL HARM

Streamers will often have donation buttons on their screens for users to submit money. What can start as small amounts can quickly spiral as streamers engage with paying viewers more often, potentially leading to financial issues.

### UNREALISTIC EXPECTATIONS



Influencers often showcase how glamorous their lives are, making some users feel as though they are lesser. However, it's important to stress that, in many ways, this is an act, or at the very least, not common. Logan Paul, who has been successful as a streamer and influencer, has a Pokemon card worth \$5 million, but this is atypical of anyone working in the medium.

### MISINFORMATION



Streamers are, in many ways, just like us – and they can get things wrong or reel off an opinion without having thought about it. Some can simply say awful things to get a rise out of viewers or to sway them to their side of a hot topic.

### ADDICTION AND SCREEN TIME



If your child is watching a lot of a particular streamer, it can be just as damaging to their social life as playing too many video games.

## Advice for Parents & Educators

### EXPLAIN HOW STREAMING WORKS



For a younger viewer, being a streamer or influencer seems aspirational, but it involves a lot of work and no small degree of good fortune. Streamers are often managed and unable to speak freely due to sponsors, and influencers are just that – influencing young minds, for better or for worse.

### CHECK OUT STREAMING PLATFORMS



While Twitch was the de facto streaming service for years, YouTube has gained popularity, too. Then there are Kick and Rumble, which have grown in popularity with moves for big-name streamers – despite many being dogged by controversy.

### DO NOT LOG PAYMENT INFORMATION



Streamers can reward donations with additional content, on-camera "shout outs" and more. If you're unsure about who or what your child is watching, consider avoiding linking payment information. This is especially notable with Twitch, which is owned by Amazon and therefore has some crossover.

### SET SCREEN TIME LIMITS



You can set screentime limits for mobile apps on iOS and Google, but with other platforms like a PC it may be more difficult to keep tabs. Consider checking in regularly to ensure your children aren't watching content they shouldn't be.

### Meet Our Expert

Lloyd Coombes is the Games Editor of the Daily Star, and has been working in the gaming and tech industry for five years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, TechRadar, and plenty more.



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Source: See full reference list on guide page at: <https://nationalcollege.com/guides/streamers>



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